



Intermediate Tennis Syllabus

Fall 2013

Course Name: Beginning Tennis

CRN: 45904

Semester/Year: Fall 2013

Instructor: Eric S. Pelton

Office Location: SAC 203 (Old Gym)

Office Hours: Tue. & Thurs. 9:50-10:30am, 11:20am-12:00pm

Course Number: PEHR 1101 01

Class Time: 12:00–12:50 pm Tue & Thurs.

Location: DSU Tennis Courts

DSU Email Address: pelton@dixie.edu

Office Phone: 435-767-1372

Prerequisites: **None**

Lab and other fees: **You will need a tennis racquet and proper athletic shoes**

Course Description from Catalog:

Activity course that provides instruction in the fundamentals of tennis, including basic stroke orientation, rules, and scoring in order to encourage further involvement in tennis. Students will learn tennis with the intent of developing a lifetime leisure and social activity that will give hours of enjoyment as a family, social, and/or competitive activity.

General Education Status:

Required Textbook (s) /Recommended Books/other materials:

www.tennisclip.com

www.en.wikipedia.org/wiki/Tennis

Department Objectives:

All PEHR courses have the following learning outcomes:

- A. Enhance development of physical, mental, social, and emotional well-being through physical education;
- B. Be supported to develop personal, lifelong commitment to physical activity for the long range health benefits;
- C. Develop competencies in athletic activities that will bring greater satisfaction to participation in athletics;
- D. Demonstrate an understanding of physiology that promotes safety in physical exercise;
- E. Develop a fitness plan pertinent to the physical activity of the course, as applicable

Course Objectives:

- a. Learn to play tennis, score, and use strategy.
- b. Learn the Basic Fundamental Strokes in tennis.
- c. Be able to exercise enough to get a cardiovascular workout and to relieve stress.
- d. Be able to rally.
- e. Learn correct use of terminology, rules, safety practices and correct fundamentals of tennis.
- f. Increase ability to get along with others and to cooperate with classmates
- g. Develop skills to teach rules, fundamentals, and strategies of tennis to others.

Course Assignments and Assessments:

Homework – Read Article posted on Canvas and Leave a comment on the article. Watch assigned tennis videos and leave a valid worthwhile comment about each video.

Skills Tests – The end of the semester you will be grade on your ability to properly execute the 4 fundamental shots in tennis as covered in class. Forehand, Backhand, Serve, Volley

Final – There will be a written final covering scoring, strokes, grips and other concepts covered over the semester

Instructor policy on late assignments, missed exams/quizzes, and unexcused absences:

Late Assignments - Every class day your assignment is not turned in you will lose points until there are no points left for that assignment.

Unexcused absences – You will lose 15 points for each class missed, excessive absences will also affect your effort in class points. You can make up unexcused absences by completing out of class assignments.

Course Outline - (Beg Tennis - 1100)

Date	Skills	Attendance	Effort	
Aug. 20, 22	Introduction, Rules, Grips, Overview	30	10	Read: Manner of Play (Wiki)
Aug. 27, 29	Racquet Control	30	10	Read: Shots (Wiki)
Sept. 3, 5	Ball Spin	30	10	
Sept. 10, 12	Backhand	30	10	
Sept. 17, 19	Serve / Serve Return	30	10	
Sept. 24, 26	Volley / Overhead	30	10	
Oct. 1, 3	Racquet Control Singles Strategy	30	10	
Oct. 8, 10	Doubles Strategy	30	10	Oct. 10 - No Class Semester Break
Oct. 15, 17	Drills	30	10	
Oct. 22, 24	Match Play	30	10	
Oct. 29, 31	Match Play	30	10	
Nov. 5, 7	Tournament	30	10	
Nov. 12, 14	Tournament	30	10	
Nov. 19, 21	Tournament	30	10	
Nov. 26, 28	Skills Test	30	10	Nov. 28 - No Class Happy Thanksgiving
Dec. 3, 5	Skills Test	30	10	
Final Dec. 12 – 11am	Final	30	-	

Grading Criteria

I.	Attendance	Number of Classes	= 480 points
II.	Skill Development	Skills Test 4x50	= 200 points
III.	Effort	Effort in Class	= 120 points
IV.	Homework / Final	Hw-100, Final-100	= 200 points
		Total	1000 points

Grading Scale:

A = 95-100 %	B- = 80-82%	D+ = 67-69%
A- = 90-94	C+ = 77-79	D = 64-66
B+ = 87-89	C = 74-76	D- = 60-63
B = 83-86	C- = 70-73	F = below 59

Important Semester Dates:**2013 Fall Semester**

Aug 19	Classwork Starts
Aug 22	Last Day to Waitlist
Aug 23	Last Day to Add Without Signature
Aug 28	Drop/Audit Fee Begins (\$10 per class)
Sep 2	Labor Day
Sep 3	\$50 Late Registration/Payment Fee
Sep 9	Pell Grant Census
Sep 9	Last Day for Refund
Sep 9	Last Day to drop without receiving a "W" grade
Sep 10	Courses dropped for non-payment
Sep 13	Last Day to Add/Audit
Oct 9	Mid-Term Grades Due
Oct 10-11	Semester Break
Oct 14	Last Day to Drop Individual Class
Oct 21	Spring and Summer 2014 class schedules available online
Nov 8	Last Day for Complete Withdrawal
Nov 11	Spring Registration open to Seniors (90+ credits)
Nov 12	Career Day
Nov 12	Spring Registration open to Juniors (60+ credits)
Nov 13	Spring Registration open to Sophomores (30+ credits)
Nov 14	Spring Registration Open to All Students
Nov 27-29	Thanksgiving Break
Dec 6	Classwork Ends
Dec 9-13	Final Exams

Important Links:

As a student at Dixie State University, you have access to several helpful resources:

- [Library](#)
- Computer Lab (located at the [Smith Computer Center](#) and the [Library](#))
- [Disability Resource Center](#) - Provides services and accommodations to students with disabilities.
- [IT Student Help Desk](#) - We provide support for the following: Blackboard Vista, Dmail, wireless, software resources for students, and student laptop lease program.
- [Online Writing Lab](#) - Many writing classes utilize this site. Among other things, students can use the Online Writing Lab to submit papers electronically to the Writing Center.
- [Testing Center](#)
- [Tutoring Center](#) - Free and open to all students. Improve your study skills and clarify concepts and class material.
- [Writing Center](#) - "Our mission is to help you become a better writer by approaching your assignments as a process of invention, writing, and revision."

See our [Campus Map](#) for the location of these and other resources.

Policies and Statements

- Disability Statement:

If you suspect or are aware that you have a disability that may affect your success in the course you are strongly encouraged to contact the Disability Resource Center (DRC) located at the North Plaza Building. The disability will be evaluated and eligible students will receive assistance in obtaining reasonable accommodations. Phone # 435-652-7516 M.

- [Academic dishonesty / Academic integrity policy](#)
- Reference to "[Policy for Absences Related to College Functions](#)"
- [Disruptive behavior policy](#) / classroom expectations
- Dmail:

You are required to frequently check your Dmail account. Important class and university information will be sent to your Dmail account, including DSU bills, financial aid/scholarship notices, notices of cancelled classes, reminders of important dates and deadlines, and other information critical to your success at DSU and in your courses. To access your Dmail account, visit go.dixie.edu/dmail. If you do not know your Dmail username or you have forgotten your PIN, visit go.dixie.edu/mydixie and follow the respective instructions.