



Physical Education Health and Recreation Department Syllabus

Course Name: Beginning Bowling

Course Number: PEHR 1145-01

CRN: 45185

Meeting Days and Time:

T/R 10:30-12:30

Instructor: Kelly Smith

DSU Email Address: smith_k@dixie.edu

Email Address: smith_k@dixie.edu

Office Phone: 652-7784

Office Hours: 7:00a.m.-10:00a.m. M/W

Office Location: GYM 201

Prerequisites: None

Semester/Year: Fall 2013

Location: Gym and Dixie Bowl

146 East City Center

Semester/Year: Fall 2013

Lab and other fees: \$30 course fee

Course Description from Catalog:

Activity course for students interested in learning the fundamentals of bowling, including instruction in the stance, approach, release and roll. Designed to give students playing time and gain knowledge of rules, scoring, and etiquette as well as improving skill levels.

Required Textbook (s) /Recommended Books/other materials:

Department Objectives:

All PEHR courses have the following learning outcomes:

- A. Enhance development of physical, mental, social, and emotional well-being through physical education;
- B. Be supported to develop personal, lifelong commitment to physical activity for the long range health benefits;
- C. Develop competencies in athletic activities that will bring greater satisfaction to participation in athletics;
- D. Demonstrate an understanding of physiology that promotes safety in physical exercise;
- E. Develop a fitness plan pertinent to the physical activity of the course, as applicable.

Course Objectives:

- To be able to explain and demonstrate proper scoring.
- To know general bowling etiquette and courtesies.
- To define bowling terminology.
- To be able to demonstrate beginning fundamentals of ball releases and approaches.
- To acquire skills to carry over into lifetime activity.

Grading Criteria:

1. Attendance: 30 points per day 300 Total
One letter grade drop for every one time missed.
2. Skills Tests every 2 weeks: 25 points each 100 Total
3. Written final exam = 100 points
4. 100% Attendance you will not have to take the written final.

The grade will be given based upon the following percentages:

Instructor policy on late assignments, missed exams/quizzes, and unexcused absences:

If you have any of these issues please contact the instructor.

Grading Scale:

A = 95-100 %	B- = 80-82%	D+ = 67-69%
A- = 90-94	C+ = 77-79	D = 64-66
B+ = 87-89	C = 74-76	D- = 60-63
B = 83-86	C- = 70-73	F = below 59

Important Semester Dates:**2013 Fall Semester**

- Aug 19 Classwork Starts
Aug 22 Last Day to Waitlist
- Aug 23 Last Day to Add Without Signature
Aug 28 Drop/Audit Fee Begins (\$10 per class)
Sep 2 Labor Day
Sep 3 \$50 Late Registration/Payment Fee
Sep 9 Pell Grant Census
Sep 9 Last Day for Refund
Sep 9 Last Day to drop without receiving a "W" grade

Sep 10 Courses dropped for non-payment
Sep 13 Last Day to Add/Audit
Oct 9 Mid-Term Grades Due
Oct 10-11 Semester Break
Oct 14 Last Day to Drop Individual Class
Oct 21 Spring and Summer 2014 class schedules available online
Nov 8 Last Day for Complete Withdrawal
Nov 11 Spring Registration open to Seniors (90+ credits)
Nov 12 Career Day
Nov 12 Spring Registration open to Juniors (60+ credits)
Nov 13 Spring Registration open to Sophomores (30+ credits)
Nov 14 Spring Registration Open to All Students
Nov 27-29 Thanksgiving Break
Dec 6 Classwork Ends
Dec 9-13 Final Exams

Important Links:

As a student at Dixie State University, you have access to several helpful resources:

- [Library](#)
- Computer Lab (located at the [Smith Computer Center](#) and the [Library](#))
- [Disability Resource Center](#) - Provides services and accommodations to students with disabilities.
- [IT Student Help Desk](#) - We provide support for the following: Blackboard Vista, Dmail, wireless, software resources for students, and student laptop lease program.
- [Online Writing Lab](#) - Many writing classes utilize this site. Among other things, students can use the Online Writing Lab to submit papers electronically to the Writing Center.
- [Testing Center](#)
- [Tutoring Center](#) - Free and open to all students. Improve your study skills and clarify concepts and class material.
- [Writing Center](#) - "Our mission is to help you become a better writer by approaching your assignments as a process of invention, writing, and revision."

See our [Campus Map](#) for the location of these and other resources.

Policies and Statements

- Disability Statement:

If you suspect or are aware that you have a disability that may affect your success in the course you are strongly encouraged to contact the Disability Resource Center (DRC) located at the North Plaza Building. The disability will be evaluated and eligible students will receive assistance in obtaining reasonable accommodations. Phone # 435-652-7516.

- [Academic dishonesty / Academic integrity policy](#)
- Reference to "[Policy for Absences Related to College Functions](#)"
- [Disruptive behavior policy](#) / classroom expectations
- Dmail:

You are required to frequently check your Dmail account. Important class and university information will be sent to your Dmail account, including DSU bills, financial aid/scholarship notices, notices of cancelled classes, reminders of important dates and deadlines, and other information critical to your success at DSU and in your courses. To access your Dmail account, visit go.dixie.edu/dmail. If you do not know your Dmail username or you have forgotten your PIN, visit go.dixie.edu/mydixie and follow the respective instructions.

Date	Activity
Aug 20	Intro
Aug 22	Rules-Bowling
Aug 27	Bowling Etiquette
Aug 29	Bowling
Sept 3	Bowling
Sept 5	Quiz and Bowling
Sept 10	Bowling Teams
Sept 12	Bowling
Sept 17	Bowling
Sept 19	Bowling
Sept 24	Bowling Teams
Sept 26	Final: Sept 26th 10:30-12:30 Dixie Bowl

