

PEHR 1200: Basketball Spring 2013

Instructor and Course Information:

Instructor: Judd Thompson **Email:** juddthompson@dixie.edu **Phone:** 435-652-7527
Office: Football Office **Office hours:** 9am – 12 noon MWF

Course Credits: One (1)

Location of class: Old Gym

Meeting times for class: 1:00 pm – 1:50 pm T/TH

Beginning/Ending dates for course: January 8-April 3

Final Exam: April 29th 12:30-2:30 pm

Pre/Co-requisites for this course: None

Required Publications, Textbook for class: None

Course Description:

This course is designed to introduce students to the basic skills and techniques of basketball. Emphasis will be placed on teaching proper terminology and techniques.

Department Objectives:

All PEHR courses have the following objectives:

- A. Enhance development of physical, mental, social, and emotional well-being through physical education;
- B. Be supported to develop personal, lifelong commitment to physical activity for the long range health benefits;
- C. Develop competencies in athletic activities that will bring greater satisfaction to participation in athletics;
- D. Demonstrate an understanding of physiology that promotes safety in physical exercise;
- E. Develop a fitness plan pertinent to the physical activity of the course, as applicable.

Course Objectives:

- To be able to explain and demonstrate proper scoring.
- To know general basketball rules of play.
- To define basketball terminology.
- To be able to demonstrate fundamentals of dribbling, passing, shooting, basic offensive plays, and basic defenses (man-to-man and zone).
- To acquire skills to carry over into lifetime activity.

Grading Criteria

1. Attendance: 5 points per day, 150 points total
One letter grade drop for every three times missed.
2. Assessments: total of three worth 25 points each.
3. Written final exam: 50 points total
4. 100% Attendance-- you will not have to take the written final.

5. Total of 275 points possible to earn.

The grade will be given based upon the following percentages:

A = 94%-100% **B+** = 87-89% **C+** = 77-79% **D+** = 67-69% **F**= Below 60%
A- = 90%-93 % **B** = 83-86% **C** = 73-76% **D** = 63-66%
B- = 80-82% **C-** = 70-72% **D-** = 60-62%)

******You cannot get credit for any other class such as Fitness Center hours during****
class time. That is considered cheating so do not attempt to do so.**

Institutional and Class Policies

DRESS AND ATTIRE: Proper athletic clothing is required to participate in this class. Athletic shoes only are to be worn on the gym floor. Failure to do so will result in loss of attendance for that day and being prohibited to participate in that day's activities.

ACADEMIC INTEGRITY: Failure to comply with academic integrity, honesty, and behavior standards of Dixie State College may result in course failure or administrative withdrawal from the class. Don't be cheating. Inappropriate classroom behavior may also result in an administrative withdrawal.

Withdrawal for disruptive behavior policy- Disruptive behavior in class may also lead to an administrative withdrawal. Disruptive behavior is defined as any behavior that interferes with the teacher's ability to teach or the learning of other students. You will be notified of your withdrawal in this way:

1. A verbal request to comply with behavioral expectations of the class.
2. One written 'warning' letting you know that you have not made the required behavioral adjustment.
3. Administrative withdrawal.

Withdrawal from class- If you decide to withdraw from class, it is your obligation to formally do so through the registrar's office to make sure you are not still on the role for the class.

Student Support Services

If you are a student with a medical, psychological, or learning disability and would like accommodations, contact Sherri Dial at the Disability Resource Center (652-7516) in the Student Services center. The Disability Resource Center will determine your eligibility and determine the appropriate accommodations related to your disability.

Tutoring: See Instructor

Date	Activity
Jan 8	Start of Class—Intro/Syllabus Review
Jan 10	Basic Rules and Expectations
Jan 15	Shooting Games and Evaluation
Jan 17	Evaluations
Jan 22	Holiday
Jan 24	Play
Jan 29	Defensive Strategies
Jan 31	Offensive Strategies
Feb 5	Play 5 on 5
Feb 7	Play 3 on 3
Feb 12	Play 5 on 5
Feb 14	Play 3 on 3
Feb 19	Play 3 on 3
Feb 21	Play 3 on 3 Tournament
Feb 26	Play 3 on 3 Tournament
Feb 28	Play 3 on 3 Tournament
Mar 5	Play Games
Mar 7	Play Games
Mar 11-15	Spring Break
Mar 19	Play 5 on 5
Mar 21	Play 3 on 3
Mar 26	Play 3 on 3
Mar 28	Play
Apr 2	Play
Apr 4	Play
Apr 9	Play
Apr 11	Play
Apr 16	Play
Apr 18	Play
Apr 23	Play
Apr 26-May 2	Finals Week--Final