

Course Syllabus
PEHR 1210-01 - Volleyball
Dixie State University
Fall 2013

Instructor: **Elizabeth (Liz) McArthur**
Office: **Gymnasium**
Office Hours: **By appointment**
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Class Times: **MW 8:00-8:50am**
Location: **Gymnasium**
Course Credits: **1.0**
CRN: **45910**
Beg/End dates: **Aug. 19 – Dec. 9, 2013**

Course Description

Activity course for students interested in learning the basics of volleyball, including instruction in the fundamentals of service, passing, setting, and spiking, as well as knowledge of the rules of volleyball. Designed to give students playing time, increase knowledge of volleyball, and improve individual skill levels.

Course Objectives

Students will be able to execute basic passing, setting, serving, attacking, blocking, and defensive skills in an individual and team setting. Teamwork and communication skills will be emphasized.

Department Objectives

All PEHR courses have the following objectives:

- A. Enhance development of physical, mental, social, and emotional well-being through physical education;
- B. Be supported to develop personal, lifelong commitment to physical activity for the long range health benefits;
- C. Develop competencies in athletic activities that will bring greater satisfaction to participation in athletics;
- D. Demonstrate an understanding of physiology that promotes safety in physical exercise;
- E. Develop a fitness plan pertinent to the physical activity of the course, as applicable

Materials and Equipment

Proper athletic shoes and attire is expected. No denim. Kneepads are recommended. Attendance in street clothes or improper footwear counts as an absence.

Important DSC dates to remember

Aug. 9 th	Class work Starts
Aug. 23 rd	Last Day to Add Online
Aug. 28 th	Drop fee begins (\$10 per class)
Sept. 2 nd	Labor Day (No Class)
Sept. 3 rd	\$50 Late Registration / Payment Fee
Sept. 9 th	Pell Grant Census
Sept. 9 th	Last Day for a Refund
Sept. 13 th	Last Day to Add/Audit Classes
Oct. 9 th	Midterm Grades Due
Oct. 10 th -11 th	Semester Break
Oct. 11 th -14 th	Spring Registration Opens
Oct. 14 th	Last Day to Drop Individual Classes
Nov. 8 th	Last Day for Complete Withdrawal
Nov. 27 th -29 th	Thanksgiving Break (No Classes)
Dec. 6 th	Last Day of Classes
Dec. 9 th -13 th	Final Exams
Dec. 13 th	Final Grades Posted

Grades

Evaluation: Attendance: 5 points per day for a total of 135 points*.
Final: Final exam will be worth 25 points.
Total:160 points.

Extra Credit: Opportunities for extra credit will be available.

*2 days of unexcused absences will be allowed with no penalties. Any additional absences will affect your grade.

The grade will be given based upon the following percentages:

A = 94-100%	B = 84-86%	C = 74-77%	D = 63-66%
A- = 90-93%	B- = 81-83%	C- = 70-73%	D- = 59-62%
B+ = 87-89%	C+ = 78-80%	D+ = 67-69%	F = Below 59%

A grade of "incomplete" will only be given in circumstances where a student has been doing well in the class but has a difficulty such as serious illness during the last week or two of the semester.

Other Useful Information

College approved absences: Dixie College Policy explains in detail what needs to happen if you anticipate being absent from class because of a college-sponsored activity (athletic events, club activities, field trips for other classes, etc). The policy can be found at <http://www.dixie.edu/humanres/policy/sec5/523.html>.

Academic Honesty: Cheating will not be tolerated. If it occurs, a zero grade will be given for the exam. Repeated or aggravated offenses will result in failing the course. Any time that you take credit for work that you did not do, you are cheating. This includes getting the answers to study questions from someone else, copying information from a library or internet source and presenting it as if it were your own words (plagiarism), looking at someone else's answers on an exam, and asking someone who has already taken a test about what questions it contains.

Disruptive Behavior Policy/Classroom Expectations: Disruptive behavior in class may also lead to an administrative withdrawal. Disruptive behavior is defined as any behavior that interferes with the teacher's ability to teach or the learning of the other students.

Withdrawal from Class: If you decide to withdraw from class, it is your obligation to formally do so through the registrar's office to make sure you are not still on the role for this class.

Dmail Statement: You are required to frequently check your dmail account. Important class and university information will be sent to your dmail account, including DSU bills, financial aid/scholarship notices, notices of canceled classes, reminders of important dates and deadlines, and other information critical to your success at DSU and in your courses. To access your dmail account, visit go.dixie.edu/dmail. If you do not know your dmail username or you have forgotten your PIN, visit go.dixie.edu/mydixie and follow the respective instructions.

Disability Accommodations: If you suspect or are aware that you have a disability that may affect your success in the course you are strongly encouraged to contact the Disability Resource Center (DRC) located at the North Plaza Building. The disability will be evaluated and eligible students will receive assistance in obtaining reasonable accommodations. Phone # 435-652-7516

Date:	Activity:
August 19	Start of Class
August 21	Instruction: Individual Skills
August 26	Instruction: Individual Skills
August 28	Instruction: Individual Skills
September 2	Labor Day – No Class
September 4	Play
September 9	Play
September 11	Play
September 16	Play
September 18	Play
September 23	Play
September 25	Play
September 30	Play
October 2	Play
October 7	Play
October 9	Play
October 14	Play
October 16	Play
October 21	Play
October 23	Play

October 28	Play
October 30	Play
November 4	Play
November 6	Play
November 11	Play
November 13	Play
November 18	Play
November 20	Play
November 25	Play
November 27	Thanksgiving Break
December 2	Play
December 4	Play
December 9-13	Finals Week
December 9	Class Final @ 8am