

**Course Syllabus
PEHR 1210-01 - Volleyball
Dixie State College of Utah
Spring 2013**

Instructor: **Elizabeth (Liz) McArthur**
Office: **Gymnasium**
Office Hours: **By appointment**
Phone: **(435) 467-5424**
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Class Times: **MW 8:00-8:50am**
Location: **Gymnasium**
Course Credits: **1.0**
Beg/End dates: **Jan. 7 – May 2, 2013**

Course Description

This course is for students interested in learning the basics of volleyball. Basic rules, skills, and strategies will be covered. This is an activity class designed to give students experience playing volleyball.

Course Objectives

Students will be able to execute basic passing, setting, serving, attacking, blocking, and defensive skills in an individual and team setting. Teamwork and communication skills will be emphasized.

Department Objectives

All PEHR courses have the following objectives:

- A. Enhance development of physical, mental, social, and emotional well-being through physical education;
- B. Be supported to develop personal, lifelong commitment to physical activity for the long range health benefits;
- C. Develop competencies in athletic activities that will bring greater satisfaction to participation in athletics;
- D. Demonstrate an understanding of physiology that promotes safety in physical exercise;
- E. Develop a fitness plan pertinent to the physical activity of the course, as applicable

Materials and Equipment

Proper athletic shoes and attire is expected. No denim. Knee pads are recommended. Attendance in street clothes or improper footwear counts as an absence.

Important DSC dates to remember

January 7 th	Classwork Starts
January 11 th	Last Day to Add Without a Signature
January 14 th	Drop fee begins (\$10 per class)
January 21 st	Martin Luther King Jr. Day
January 22 nd	\$50 Late Registration / Payment Fee
January 29 th	Last Day for a Refund
January 29 th	Courses dropped for non-payment
January 30 th	Last Day for a Refund
February 1 st	Last Day to Add Classes
February 18 th	President's Day
February 25 th	Mid-Term Grades Due
March 1 st	Last Day to Drop A Class
March 11-15 th	Spring Break
March 29 th	Last Day for Complete Withdrawal
April 24 th	Classwork Ends
April 29 th -May 1 st	Final Exams

Grades

Evaluation: Attendance: 5 points per day for a total of 135 points.
Assignment: One assignment will be given in class worth 15 points.
Final: Final exam will be worth 25 points.
Total:175 points.

Extra Credit: Opportunities for extra credit will be available.

The grade will be given based upon the following percentages:

A = 94-100% B+ = 87-89% C+ = 78-80% D+ = 67-69% F = Below 59%
A- = 90-93% B = 84-86% C = 74-77% D = 63-66%

B- = 81-83% C- = 70-73% D- = 59-62%

A grade of “incomplete” will only be given in circumstances where a student has been doing well in the class but has a difficulty such as serious illness during the last week or two of the semester.

Other Useful Information

College approved absences: Dixie College Policy explains in detail what needs to happen if you anticipate being absent from class because of a college-sponsored activity (athletic events, club activities, field trips for other classes, etc). The policy can be found at <http://www.dixie.edu/humanres/policy/sec5/523.html>.

Academic Honesty: Cheating will not be tolerated. If it occurs, a zero grade will be given for that assignment or exam. Repeated or aggravated offenses will result in failing the course. Any time that you take credit for work that you did not do, you are cheating. This includes getting the answers to study questions from someone else, copying information from a library or internet source and presenting it as if it were your own words (plagiarism), looking at someone else’s answers on an exam, and asking someone who has already taken a test about what questions it contains. (Code of Conduct – see DSC Policy 34.1.1-4).

Disruptive Behavior Policy/Classroom Expectations: Disruptive behavior in class may also lead to an administrative withdrawal. Disruptive behavior is defined as any behavior that interferes with the teacher’s ability to teach or the learning of the other students.

Withdrawal from Class: If you decide to withdraw from class, it is your obligation to formally do so through the registrar’s office to make sure you are not still on the role for this class.

Disability Accommodations:

Americans with Disabilities Act (ADA) Statement:

Students with medical, psychological, learning or other disabilities desiring reasonable academic adjustment, accommodations, or auxiliary aids to be successful in this class will need to contact the DISABILITY RESOURCE CENTER Coordinator (Baako Wahabu) for eligibility determination. Proper documentation of impairment is required in order to receive services or accommodations. DRC is located at the ground floor of the Financial Aid Office. Visit or call 652-7516 to schedule appointment to discuss the process. DRC Coordinator determines eligibility for and authorizes the provision of services.

Baako Wahabu can be reached at 652-7880 or wahabu@dixie.edu if you have any questions.

Date:	Activity:
January 7	Start of Class
January 9	Instruction: Individual Skills
January 14	Instruction: Individual Skills
January 16	Instruction: Individual Skills
January 21	HOLIDAY – No Class
January 23	Play
January 28	Play
January 30	Play
February 4	Play
February 6	Play
February 11	Play
February 13	Play
February 18	HOLIDAY – No Class
February 20	Play
February 25	Play
February 27	Play
March 4	Play
March 6	Play
March 11-15	SPRING BREAK
March 18	Play
March 20	Play
March 25	Play
March 27	Play
April 1	Play
April 3	Play
April 8	Play
April 10	Play
April 15	Play
April 17	Play
April 22	Play
April 24	Play
April 29-May 2	Finals Week
April 29	Final 8:00am