



# Physical Education Health and Recreation Department Syllabus

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**Course Name:** Dixie Dance Team

**CRN:** 46091

**hrs.-** See practice schedule

**Semester/Year:** Fall 2013

**Instructor:** Kori Esplin

**k\_esplin@dixie.edu**

**Email Address** kori@esplin.net

**619-7552**

**Office Hours:** 11:00-1:00, Monday, Wednesday, Friday

**Course Number:** PEHR 1860

**Meeting Days and Time:** See office

**Location:** Burns Arena

**DSU Email Address:**

**Office Phone:** 435-

**Office Location:** None

**Prerequisites:** Tryouts in April

**Lab and other fees:** \$112.00- Fall Only

**Course Description from Catalog:** To promote school spirit and involvement as a collegiate level dance team. To represent Dixie State College at athletic, school and community events. It is to improve and expand your knowledge in all aspects of dance including technique and choreography. The expected outcome is to become more rounded in all types of dance including hip-hop, lyrical, jazz, technique, ballet and so on.

**General Education Status:**

**Required Textbook (s) /Recommended Books/other materials:**

**Department Objectives:**

All PEHR courses have the following learning outcomes:

- A. Enhance development of physical, mental, social, and emotional well-being through physical education;
- B. Be supported to develop personal, lifelong commitment to physical activity for the long range health benefits;
- C. Develop competencies in athletic activities that will bring greater satisfaction to participation in athletics;
- D. Demonstrate an understanding of physiology that promotes safety in physical exercise;
- E. Develop a fitness plan pertinent to the physical activity of the course, as applicable



-Grades will be determined by participation in the above requirements. All tardies, missed practice and games, will factor in the final grade. Each tardy and missed class/game will result in a 5% grade drop after the 2<sup>nd</sup> tardy.

**Instructor policy on late assignments, missed exams/quizzes, and unexcused absences:**

**See above**

**Course Outline:**

11:10a.m.- Roll call and conditioning

11:25a.m. - Mark dances on the floor

12:00-12:30p.m. - Clean dances and sidelines on the floor

12:30-12:50p.m.- Go over timeouts and fight song

**Grading Scale:**

A = 95-100 %	B- = 80-82%	D+ = 67-69%
A- = 90-94	C+ = 77-79	D = 64-66
B+ = 87-89	C = 74-76	D- = 60-63
B = 83-86	C- = 70-73	F = below 59

**Important Semester Dates:**

**2013 Fall Semester**

Aug 19	Classwork Starts
Aug 22	Last Day to Waitlist
Aug 23	Last Day to Add Without Signature
Aug 28	Drop/Audit Fee Begins (\$10 per class)
Sep 2	Labor Day
Sep 3	\$50 Late Registration/Payment Fee
Sep 9	Pell Grant Census
Sep 9	Last Day for Refund
Sep 9	Last Day to drop without receiving a "W" grade

Sep 10 Courses dropped for non-payment  
Sep 13 Last Day to Add/Audit  
Oct 9 Mid-Term Grades Due  
Oct 10-11 Semester Break  
Oct 14 Last Day to Drop Individual Class  
Oct 21 Spring and Summer 2014 class schedules available online  
Nov 8 Last Day for Complete Withdrawal  
Nov 11 Spring Registration open to Seniors (90+ credits)  
Nov 12 Career Day  
Nov 12 Spring Registration open to Juniors (60+ credits)  
Nov 13 Spring Registration open to Sophomores (30+ credits)  
Nov 14 Spring Registration Open to All Students  
Nov 27-29 Thanksgiving Break  
Dec 6 Classwork Ends  
Dec 9-13 Final Exams

### **Important Links:**

As a student at Dixie State University, you have access to several helpful resources:

- [Library](#)
- Computer Lab (located at the [Smith Computer Center](#) and the [Library](#))
- [Disability Resource Center](#) - Provides services and accommodations to students with disabilities.
- [IT Student Help Desk](#) - We provide support for the following: Blackboard Vista, Dmail, wireless, software resources for students, and student laptop lease program.
- [Online Writing Lab](#) - Many writing classes utilize this site. Among other things, students can use the Online Writing Lab to submit papers electronically to the Writing Center.
- [Testing Center](#)
- [Tutoring Center](#) - Free and open to all students. Improve your study skills and clarify concepts and class material.
- [Writing Center](#) - "Our mission is to help you become a better writer by approaching your assignments as a process of invention, writing, and revision."

See our [Campus Map](#) for the location of these and other resources.

### **Policies and Statements**

- Disability Statement:

If you suspect or are aware that you have a disability that may affect your success in the course you are strongly encouraged to contact the Disability Resource Center (DRC) located at the North Plaza Building. The disability will be evaluated and eligible students will receive assistance in obtaining reasonable accommodations. Phone # 435-652-7516 M.

- [Academic dishonesty / Academic integrity policy](#)
- Reference to "[Policy for Absences Related to College Functions](#)"
- [Disruptive behavior policy](#) / classroom expectations
- Dmail:

You are required to frequently check your Dmail account. Important class and university information will be sent to your Dmail account, including DSU bills, financial aid/scholarship notices, notices of cancelled classes, reminders of important dates and deadlines, and other information critical to your success at DSU and in your courses. To access your Dmail account, visit [go.dixie.edu/dmail](http://go.dixie.edu/dmail). If you do not know your Dmail username or you have forgotten your PIN, visit [go.dixie.edu/mydixie](http://go.dixie.edu/mydixie) and follow the respective instructions.