



Physical Education Health and Recreation Department Syllabus

Course Name: Coaching Basketball

CRN: 46916

Semester/Year: Fall 2013

Instructor: Derek Dawes

Office Hours: M-F 2-4 pm

Course Number:

Meeting Days and Time: M/W 9:00-9:50

Location: Habibian Wrestling and Athletic Center Classroom

DSU Email Address: dawes@dixie.edu

Office Phone: 435-879-4295

Office Location: NE Corner of ROTC Bldg

Prerequisites:

Course Description: Covers basketball coaching techniques, including conditioning, teaching fundamentals, offensive and defensive strategies, team management, equipment selection/fitting, scheduling, basketball rules, and development of a basketball coaching philosophy

Required Textbook (s) /Recommended Books/other materials: N/A

Department Objectives:

- A. Enhance development of physical, mental, social, and emotional well-being through physical education;
- B. Be supported to develop personal, lifelong commitment to physical activity for the long range health benefits;
- C. Develop competencies in athletic activities that will bring greater satisfaction to participation in athletics;
- D. Demonstrate an understanding of physiology that promotes safety in physical exercise;
- E. Develop a fitness plan pertinent to the physical activity of the course, as applicable

Course Objectives:

- To help the student develop a basketball coaching philosophy
- To aid the student in developing an organizational master plan for coaching basketball
- To introduce the student to the fundamentals of the game of basketball and teaching techniques
- To familiarize the student with various offensive and defensive schemes
- To help the student understand the rules of basketball

Course Assignments and Assessments:

1- The student will choose someone in the coaching profession that they would like to learn more about their philosophy. Using research skills, the student will prepare a 3 page hand in report as well as give a 10 minute class presentation on the things they learned and how they will apply it into their coaching philosophies

#2- Using pretend teams, each student will develop practice, travel, scouting plans as they prepare to go on their first extended road trip of the season. Each student will be assigned a University and be given a budget and will need to create a master plan for their team.

#3- Each student will be required to teach the rest of their classmates and teacher a type of offense(zone, man to man, press break, etc) and a type of defense (zone, man to man, full and half court press, etc). The students will be required to teach as if they were the head coach and guiding a team through a practice. This assignment will take place on the Burns Arena court. The topics that each student is to teach will be assigned.

Final- A written exam testing the students understanding of the rules, definitions of basketball terms and ideologies.

Instructor policy on late assignments, missed exams/quizzes, and unexcused absences:

Each student is responsible for attending class every day. IF you obtain 100% attendance for the semester, you are exempt from taking the final exam.

The class will follow the University's approved absence policy found at <http://www.dixie.edu/humanres/policy/sec5/523.html>.

Course Outline: Please see insert for course outline

Grading Scale:

A = 95-100 %	B- = 80-82%	D+ = 67-69%
A- = 90-94	C+ = 77-79	D = 64-66
B+ = 87-89	C = 74-76	D- = 60-63
B = 83-86	C- = 70-73	F = below 59

Important Semester Dates:**2013 Fall Semester**

Aug 19	Classwork Starts
Aug 22	Last Day to Waitlist
Aug 23	Last Day to Add Without Signature
Aug 28	Drop/Audit Fee Begins (\$10 per class)
Sep 2	Labor Day
Sep 3	\$50 Late Registration/Payment Fee
Sep 9	Pell Grant Census
Sep 9	Last Day for Refund
Sep 9	Last Day to drop without receiving a "W" grade
Sep 10	Courses dropped for non-payment
Sep 13	Last Day to Add/Audit
Oct 9	Mid-Term Grades Due
Oct 10-11	Semester Break
Oct 14	Last Day to Drop Individual Class
Oct 21	Spring and Summer 2014 class schedules available online
Nov 8	Last Day for Complete Withdrawal
Nov 11	Spring Registration open to Seniors (90+ credits)
Nov 12	Career Day
Nov 12	Spring Registration open to Juniors (60+ credits)
Nov 13	Spring Registration open to Sophomores (30+ credits)
Nov 14	Spring Registration Open to All Students
Nov 27-29	Thanksgiving Break
Dec 6	Classwork Ends
Dec 9	Final Exam 10:00 am

Important Links:

As a student at Dixie State University, you have access to several helpful resources:

- [Library](#)

- Computer Lab (located at the [Smith Computer Center](#) and the [Library](#))
- [Disability Resource Center](#) - Provides services and accommodations to students with disabilities.
- [IT Student Help Desk](#) - We provide support for the following: Blackboard Vista, Dmail, wireless, software resources for students, and student laptop lease program.
- [Online Writing Lab](#) - Many writing classes utilize this site. Among other things, students can use the Online Writing Lab to submit papers electronically to the Writing Center.
- [Testing Center](#)
- [Tutoring Center](#) - Free and open to all students. Improve your study skills and clarify concepts and class material.
- [Writing Center](#) - "Our mission is to help you become a better writer by approaching your assignments as a process of invention, writing, and revision."

See our [Campus Map](#) for the location of these and other resources.

Policies and Statements

- Disability Statement:

If you suspect or are aware that you have a disability that may affect your success in the course you are strongly encouraged to contact the Disability Resource Center (DRC) located at the North Plaza Building. The disability will be evaluated and eligible students will receive assistance in obtaining reasonable accommodations. Phone # 435-652-7516 M.

- [Academic dishonesty / Academic integrity policy](#)
- Reference to "[Policy for Absences Related to College Functions](#)"
- [Disruptive behavior policy](#) / classroom expectations
- Dmail:

You are required to frequently check your Dmail account. Important class and university information will be sent to your Dmail account, including DSU bills, financial aid/scholarship notices, notices of cancelled classes, reminders of important dates and deadlines, and other information critical to your success at DSU and in your courses. To access your Dmail account, visit go.dixie.edu/dmail. If you do not know your Dmail username or you have forgotten your PIN, visit go.dixie.edu/mydixie and follow the respective instructions.

Course Outline

Date	Activity
August 19	Start of Class
August 21	Introduction of coaching philosophy/ rules
August 26	Components of coaching philosophy

August 28	Coaching Philosophies
September 2	No Class- Labor Day
September 4	Coaching Philosophies
September 9	Guest Speaker – Jon Judkins
September 11	Well known coaching philosophies
September 16	Well known coaching philosophies
September 18	5 minute coaching philosophies
September 23	Assignment # 1 Presentations
September 25	Assignment # 1 Presentations
September 30	Assignment # 1 Presentations
October 2	Practice organization/ purpose/ Introduction of Assignment #2
October 7	Budgets
October 9	Guest Speaker- Catherria Turner
October 14	Road trip organization
October 16	Team Master Plans
October 21	Team Discipline
October 23	Team Conditioning
October 28	Guest Speaker- Bryce Patterson
October 30	Hitting Accuracy
November 4	Coaching “extras”
November 6	Assignment #2 due/ Presentations
November 11	Assignment #2 Presentations
November 13	Offensive/Defensive schemes
November 18	Introduction of Assignment #3
November 20	Game Plans/ Scouting Reports
November 25	Assignment #3 Due
November 27	No Class- Thanksgiving Holiday
December 2	Assignment #3 Due
December 4	Last day of Class/Class Review
December 9-13	Finals Week

Final Exam

TBA